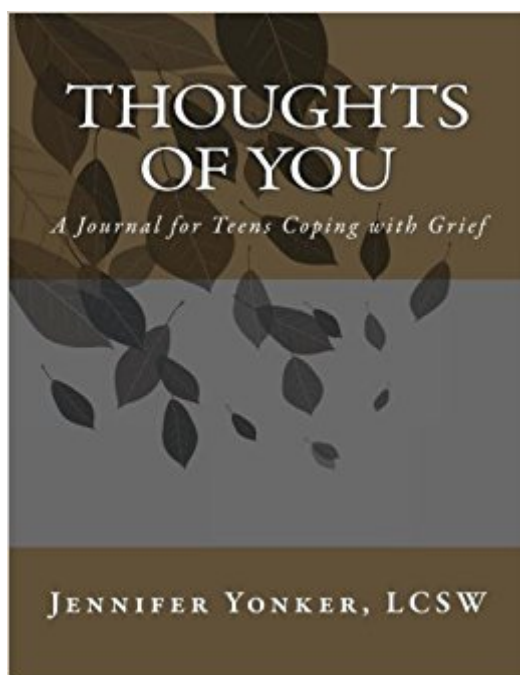


The book was found

Thoughts Of You: A Journal For Teens Coping With Grief (Journal's For Teens)



Synopsis

A journal formatted workbook designed to assist teens in working through the feelings associated with grief. Using easy to understand headers such as "This is what you meant to me" and "This is the story of how you died" writers are guided through the process of healing from grief. This may be used for writing, poetry, or artwork. This journal is perfect as an extra tool for therapists and providers who work with teens. It has an easy to use and understand format enabling it to be used with younger teens and with teens of varying abilities and skill levels. It is filled with reproducible pages allowing therapists to copy chosen pages for use in therapy. It is ideal for youth who process emotions best through writing and can be used as a tool for art therapists as well.

Book Information

Series: Journal's for Teens

Paperback: 40 pages

Publisher: CreateSpace Independent Publishing Platform (January 21, 2013)

Language: English

ISBN-10: 148199896X

ISBN-13: 978-1481998963

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 5.4 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #2,160,227 in Books (See Top 100 in Books) #57 in Books > Teens > Social Issues > Death

Customer Reviews

Jennifer is a licensed clinical social worker with twenty years of experience working with at risk teens. She has provided services in a variety of settings including residential mental health and dual diagnosis treatment, in-patient psychiatric care and she currently works in the juvenile justice field.

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Therapy, Fourth Edition: A Handbook for the Mental Health Practitioner Grief and Loss: The Five Stages of Grief and Healing Techniques Used for Supporting Someone Who Just Lost a Love One Transforming Traumatic Grief: Six Steps to Move from Grief to Peace After the Sudden or Violent Death of a Loved One Understanding Your Suicide Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart (Understanding Your Grief) On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss The Mindfulness Workbook for Addiction: A Guide to Coping with the Grief, Stress and Anger that Trigger Addictive Behaviors (A New Harbinger Self-Help Workbook) Loving Someone Who Has Dementia: How to Find Hope while Coping with Stress and Grief I Will Remember You: What to Do When Someone You Love Dies - A Guidebook Through Grief for Teens Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Coping with an Organ Transplant: A Practical Guide (Coping With Series) The Weight Loss Surgery Coping Companion: A Practical Guide for Coping with Post-Surgery Emotions The Weight Loss Surgery Coping Companion: A Practical Guide to Coping with Post-Surgery Emotions Coping Skills for Kids Workbook: Over 75 Coping Strategies to Help Kids Deal with Stress, Anxiety and Anger Power Thoughts for Teens Cards (Card Decks for Teens) Overcoming Unwanted Intrusive Thoughts: A CBT-Based Guide to Getting Over Frightening, Obsessive, or Disturbing Thoughts Dropping the Baby and Other Scary Thoughts: Breaking the Cycle of Unwanted Thoughts in Motherhood Behind my eyes: thoughts of the average teen: thoughts of the average teen

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